

Psychosocial contact points in Saxony-Anhalt

1. Psychosocial advice and counselling services

Psychosocial centre for migrants in Saxony-Anhalt (PSZ)

- The PSZ is a contact point for all migrants in Saxony-Anhalt who would like initial advice or more long-term therapy.
- The service is aimed in particular at people who have experienced persecution, violence, or torture.
- The PSZ offers individual psychological consultations, clinical psychological diagnosis, social advice, and psychosocial group work.
- All services are **free of charge** and **independent of residence status**. The PSZ also has a large team of interpreters and is able to provide advice and counselling in many languages.
- Please note: To attend an initial advice session at the PSZ, you must complete a **registration form** and send it to the PSZ along with a **declaration of consent** and your **residence status**. An appointment can then be arranged. The registration form is available here: [Registration form for the PSZ](#).
- For more information about the PSZ services, please go to: [PSZ info centre](#).

PSZ Halle (Saale)

Charlottenstraße 7
06108 Halle (Saale)
+49 (0)345 470 67 900
kontakt@psz-sachsen-anhalt.de

PSZ Magdeburg

Sudenburger Wuhne 4
39112 Magdeburg
+49 (0)3471 37 40 7000
kontakt@psz-sachsen-anhalt.de

PSZ Stendal

Westwall 19
39576 Stendal
kontakt@psz-sachsen-anhalt.de

General social advice service from the Caritas

- The general social advice service is a first point of contact for individuals and families in social need and a psychosocial support centre. It can also refer people to other support services.
- Their advice is **free of charge** and the sessions can be held **at your local Caritas or in your home**.

Caritas Bitterfeld

Walther-Rathenau-Straße 31
06749 Bitterfeld
+49 (0)3493 24615
info@caritas-bitterfeld.de

[Additional information](#) about the services.

Caritas Merseburg

An der Hoffischerei 8
06217 Merseburg
+49 (0)3461 249626
sandra.wingert@caritas-halle.de

[Additional information](#) about the services.

Caritas Halle

Mauerstraße 12
06110 Halle
+49 (0)345 44505154
soziale-beratung@caritas-halle.de

[Additional information](#) about the services.

Caritas Querfurt

Buchenweg 1
06268 Querfurt
+49 (0)3461 249626
sandra.wingert@caritas-halle.de

[Additional information](#) about the services.

Caritas Magdeburg

Langer Weg 65
39112 Magdeburg
+49 (0)391 60530
kontakt@caritas-magdeburg.de

[Additional information](#) about the services.

The state initiative "Fachkraft im Fokus" (Landesinitiative Fachkraft im Fokus) is funded by the European Union and the state of Saxony-Anhalt. The contracting authority is the Ministry of Labour, Social Affairs, Health and Equality of Saxony-Anhalt.

2. Social psychiatric services

- Social psychiatric services are aimed at people who feel mentally or emotionally unstable, who suffer from anxiety or depression, have problems with alcohol, medication or drugs, or are in an acute crisis; the services are also there for people who have family members in difficult situations.
- The services include one-on-one and group sessions, home visits and help with visits to public administrative offices, social and other institutions.
- All services are **free of charge** and, **on request, anonymous**.

<p>Blankenburg Harzstraße 3 38889 Blankenburg +49 (0)3941 5970- 2932 SPDi@kreis-hz.de</p> <p>Additional information about the services.</p>	<p>Börde +49 (0)3949 72402551</p>	<p>Dessau Friedrich-Naumann-Str. 12 06844 Dessau-Roßlau +49 (0)340 204 2056 sozialpsychiatrischer.dienst@dessau-rosslau.de</p> <p>Additional information about the services.</p>
<p>Halberstadt Schwanebecker Straße 14 38820 Halberstadt +49 (0)3941 5970-4484 SPDi@kreis-hz.de</p> <p>Additional information about the services.</p>	<p>Halle (Saale) Hansering 19 06108 Halle +49 (0)3461 401710 gesundheitsamt@saalekreis.de</p> <p>Additional information about the services.</p>	<p>Magdeburg Lübecker Straße 32 39124 Magdeburg +49 (0)391 540 6075 gesundheitswesen@magdeburg.de</p> <p>Additional information about the services.</p>
<p>Merseburg Oberaltenburg 4b 06217 Merseburg +49 (0)3461 401710 gesundheitsamt@saalekreis.de</p> <p>Additional information about the services.</p>	<p>Naumburg Schönburgerstraße 41 06618 Naumburg +49 (0)3445 731629 gesundheitsamt@blk.de</p> <p>Additional information about the services.</p>	<p>Quedlinburg +49 (0)3941 5970- 6601 SPDi@kreis-hz.de</p> <p>Additional information about the services.</p>
<p>Querfurt Kirchplan 1 06268 Querfurt +49 (0)34771 7379734 spdi.gesundheitsamt@saalekreis.de</p> <p>Additional information about the services.</p>	<p>Salzwedel Karl-Marx-Straße 32 29410 Salzwedel +49 (0)3901 840 631</p> <p>Additional information about the services.</p>	<p>Stendal Wendstraße 30 39576 Stendal +49 (0)3931 60-7915 spdi@landkreis-stendal.de</p> <p>Additional information about the services.</p>
<p>Wernigerode Kurtsstraße 13 38855 Wernigerode +49 (0)3941 5970-2329 SPDi@kreis-hz.de</p> <p>Additional information about the services.</p>		

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3. Child and youth psychiatric services (KJSPDi)

- The KJSPDi supports children and adolescents with mental illnesses, emotional problems, behavioural difficulties, difficulties in social and personal development, and much more.
- Advice and psychosocial support are offered to the people affected and to their parents or caregivers. The KJSPDi works closely with other contact centres to find the support services the children and adolescents need.
- All services are **free of charge**.

Halberstadt

Schwanebecker Straße 14
38820 Halberstadt

+49 (0)3941 5970-2310
KJSPDi@kreis-hz.de

[Additional information](#) about the services.

Magdeburg

Lübecker Straße 32
Rooms 342, 345, 349
39124 Magdeburg

+49 (0)391 540 6057
gesundheitswesen@magdeburg.de

[Additional information](#) about the services.

Merseburg

Oberaltenburg 4b
06217 Merseburg

+49 (0)3461 401760
kjpd.gesundheitsamt@saalekreis.de

[Additional information](#) about the services.

4. Other immediate support, and advice and counselling services

Advice and counselling centres for women and victims of domestic violence

- Advice and counselling centres for women provide support for women who are threatened with or affected by violence and are seeking specialist advice and counselling, support, and/or safe accommodation.
- The advice and counselling centres are **free of charge** and are aimed at women over the age of 18 and their children.
- The services are available to all women, **independent of their residence status**.
- Please note: The addresses of the advice and counselling centres and of the women's shelters are not publicly accessible. You must therefore first contact them by phone or email.

Bernburg

+49 (0)3471 311135
frauenhaus-bbg@rueckenwind-ev.de

[Additional information](#) about the services.

Bitterfeld-Wolfen

+49 (0)3494 31054
frauenhauswolfen@aol.com

[Additional information](#) about the services.

Dessau

+49 (0)340 512949
WhatsApp: +49 (0)177-4332216

[Additional information](#) about the services.

Halle

+49 (0)345 4441414
frauenschutzhaus@halle.de

[Additional information](#) about the services.

Köthen

+49 (0)3496 3094821
frauenhaus-koethen@rueckenwind-ev.de

[Additional information](#) about the services.

Magdeburg

+49 (0)391 55720114
frauenhaus-md@rueckenwind-ev.de

[Additional information](#) about the services.

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Salzwedel

+49 (0)3901 424859
frauenhaus-
salzwedel@web.de

[Additional information](#) about
the services.

Staßfurt

+49 (0)3925 302595
frauenhaus@rueckenwind-
ev.de

[Additional information](#) about
the services.

Stendal

+49 (0)3931 71 52 49
sdlfrauenhaus@aol.com

[Additional information](#) about
the services.

Mobile advice service for women

- The mobile advice service for women advises, assists and supports victims of violence or their family members.
- The sessions are held at set times in various locations or, by arrangement over the phone, in a location of your choice.
- The service is **anonymous and free of charge**.

Magdeburg

Olvenstedter Platz 1
Mondays and Tuesdays 8 a.m. – noon and
2 p.m. – 5 p.m.
+49 (0)162-5302740
frauenberatung-md@rueckenwind-ev.de

[Additional information](#) about the services.

Salzlandkreis district

+49 (0)3925-302595
frauenberatung-sft@rueckenwind-ev.de

The sessions are held in Staßfurt,
Bernburg, Schönebeck, Alsleben, Calbe,
and Egelh. You can find details about [times
and other info](#) about the service here.

**Advice and counselling service for victims of right-wing extremist violence
Miteinander e.V.**

- The mobile victim advice and counselling service supports people who have experienced racist, right-wing extremist, or antisemitic violence.
- Victims are provided with psychological support to cope with their experiences and, if desired, can receive guidance on how to proceed, such as reporting the incident to the police or making it public.
- The service is **free of charge** and, **on request, anonymous**.
- Victims can visit the **support team in person** or contact them **online**.
- For more information, please visit the website of [Miteinander e.V.](#)

Halle

Landsberger Straße 1
06112 Halle (Saale)
+49 (0)345 2267100
WhatsApp: +49 (0)170-
2948413
opferberatung.sued@miteinan-
der-ev.de

Magdeburg

Erich- Weinert- Str. 30
39104 Magdeburg
+49 (0)391 620 77 52
WhatsApp: +49 (0)1512-223
84 38
opferberatung.mitte@miteinan-
der-ev.de

Salzwedel

Chüdenstr. 4
29410 Salzwedel
+49 (0)3901 30 64 31
WhatsApp: +49 (0)1512-
2238484
opferberatung.nord@miteinan-
der-ev.de

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Migration advice and counselling for adults (MBE)

- The migration advice and counselling service assists migrants in navigating their first steps in Germany.
- Everyone receives personalised advice to find the right support.
- This includes topics such as residence status, German courses, integration assistance and support with starting school, training or work.
- The migration service is **free of charge**.
- In addition to the advice and counselling centres listed below, additional services can be found [here](#).

<p>Burg German Red Cross (Deutsches Rotes Kreuz) In der alten Kaserne 13 32988 Burg +49 (0)3921 636527 Additional information about the services.</p>	<p>Dessau Caritas Teichstraße 65 06844 Dessau-Roßlau +49 (0)340 212820 Additional information about the services.</p>	<p>Halle (Saale) AWO Weißenfelser Straße 23 06132 Halle +49 (0)345 77401629 Additional information about the services.</p>
<p>Lutherstadt Wittenberg Caritas Bürgermeisterstraße 12 06886 Wittenberg +49 (0)3491 411040 Additional information about the services.</p>	<p>Magdeburg AWO Klausenerstraße 17 39112 Magdeburg +49 (0)391 99977 737 Additional information about the services.</p>	<p>Merseburg Caritas/Multi-generational house Roßmarkt 02 06217 Merseburg +49 (0)171-2219604 Additional information about the services.</p>
<p>Salzwedel/Gardelegen German Parity Welfare Association (Der Paritätische) Ernst-Thälmann-Straße 40 39638 Gardelegen +49 (0)3907 7769045 Additional information about the services.</p>	<p>Stendal German Red Cross (Deutsches Rotes Kreuz) Moltkestraße 33 39576 Stendal +49 (0)3931 646519 Additional information about the services.</p>	<p>Weißenfels Caritas Novalisstraße 4 06667 Weißenfels +49 (0)151-24070830 Additional information about the services.</p>

Migration services for adolescents

- Youth migration services assist young migrants with everyday questions and challenges.
- In addition to addressing personal crises and problems, topics include questions about school, university, training or work; the services also include career guidance, language support, and general everyday guidance.
- The youth migration services offer advice, support, and connections for everyone seeking assistance.
- The services are aimed in particular at **people aged between 12 and 27** with a migration background or their parents and caregivers, and they are free of charge.
- In addition to the advice and counselling centres listed below, additional services can be found [here](#).

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<p>Dessau Stiftung Evang. Jugendhilfe (Protestant youth aid foundation) Rennstraße 9 06842 Dessau-Roßlau +49 (0)340 23018552 jmd-dessau@stejh.de</p> <p>Additional information about the services.</p>	<p>Halle Internationaler Bund Helmeweg 4 06122 Halle (Saale) +49 (0)345 8046017 JMD-Halle@ib.de</p> <p>Additional information about the services</p>	<p>Magdeburg AWO Klausener Straße 17 39112 Magdeburg +49 (0)170-2401462 jmd@awo-kv-magdeburg.de</p> <p>Additional information about the services.</p>
<p>Merseburg Internationaler Bund Roßmarkt 2 06217 Merseburg +49 (0)345 8046017 JMD-Halle@ib.de</p> <p>Additional information about the services.</p>	<p>Stendal AWO Stadtseeallee 20 39576 Stendal +49 (0)3931 413001 awojmdsdl@hotmail.de</p> <p>Additional information about the services.</p>	<p>Wittenberg AWO Lerchenbergstraße 67 06886 Lutherstadt Wittenberg +49 (0)3491 450 759 jmd@awo-wittenberg.de</p> <p>Additional information about the services.</p>

Other nationwide support services

- **Anyone** in an acute crisis can call one of the nationwide hotlines in Germany which offer **help on a wide range of topics**.
- The contact centres are **anonymous** and most of them can be reached at **any time of the day and night**.
- Here is an overview of the various services available:

In cases of violence against women

- Free of charge
- Anonymous
- In 18 languages

+49 (0) 116 016

More information about the support hotline is available [here](#).

General counselling and pastoral care hotline

- For anyone with worries or concerns
- Free of charge

+49 (0) 800 111 0 111
+49 (0) 800 111 0 222

Also available via email or chat at:
online.telefonseelsorge.de

More information about the counselling and pastoral care hotline is available [here](#).

In cases of sexual abuse

- Free of charge
- For victims and their family members

+49 (0)800 22 55 530

Help by email or chat is available [here](#).

More information about the support hotline is available [here](#).

Crisis chat

- For any crisis situation
- For everyone under the age of 25
- Free of charge

You can access the WhatsApp chat [here](#).

More information about the crisis chat is available [here](#).

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